

## CONSTITUTION

The group shall be called Horsham Green Gym. The area principally worked in is Horsham but projects and activities may be undertaken elsewhere as seen fit by the members.

### **The objectives of the group are to:**

- Conserve and improve open spaces for biodiversity and recreational use and the enjoyment of local people.
- To promote practical conservation through its volunteers for the benefit of the public.
- Improve individuals' physical and mental health so they can play a greater role in their community.
- Enable members to gain knowledge and learn practical environmental skills together with wider social skills.
- Enable local people to lead and run the Green Gym in a sustainable way.

### **To fulfil these objectives the group will:**

- a) Be inclusive in its approach to people who wish to become members of the Green Gym.
- b) Appoint officers to run the organisation and be answerable to its members. Officers will be required to resign at the end of three years but may be re-elected at the AGM.
- c) Run a programme of practical voluntary work sessions, to be less than 4 hours in duration and to take place once a week throughout the year.
- d) Seek endorsement from local Health Services (for example, a local health centre, or local mental health service).
- e) Follow health and safety procedures, including the use of a 'Physical Activity Readiness Questionnaire' and Warm-up and Cool-down exercises at the beginning and end of each session; and carry out risk assessments for all practical projects.
- f) Promote confidence and encourage individuals to continue their involvement in Green Gym activities.
- g) From time to time undertake other activities which are of benefit to the group and help it to meet its aims.

- h) Raise money by working for landowners and from other sources, to enable the group to carry out its objectives.
- i) Ensure training is relevant and integral to the work of the group.
- j) Be affiliated to BTCV and work to the quality standards of BTCV.
- k) Recognise BTCV's ownership of the Green Gym trademark. The right to use this is afforded to groups achieving the Green Gym Quality Standards.
- l) Hold meetings, open to all members, as and when required. These will be fully publicised to the membership. One meeting a year will be designated an Annual Meeting at which a full report of activities and the finances for the previous year will be presented.
- m) Keep accounts and have them checked and approved by a qualified person, not connected with Horsham Green Gym, in time for them to be submitted at the Annual Meeting.
- n) Maintain insurance for volunteers on its projects as well as for injuries to third parties and damage to property.
- o) Pass its remaining assets to another voluntary group with similar aims, or to BTCV, should the group cease to exist.

**This constitution shall only be altered by consent of a majority of the members at an Annual Meeting.**

*Approved and signed by officers/members of Horsham Green Gym*

Signed

Printed

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Date: \_\_\_\_\_

**PARAGRAPH b) WAS AMENDED AFTER THE AGM OF  
 16<sup>TH</sup> JUNE 2009. THIS COPY OF THE CONSTITUTION  
 OF HGG, REPLACES THE ORIGINAL SIGNED BY THREE  
 MEMBERS ON 20<sup>TH</sup> MARCH 2007**