

CONSTITUTION

The group shall be called Horsham Green Gym. The area principally worked in is Horsham but projects and activities may be undertaken elsewhere as seen fit by the members.

The objectives of the group are to:

- Conserve and improve open spaces for biodiversity and recreational use and the enjoyment of local people.
- To promote practical conservation through its volunteers for the benefit of the public.
- Improve individuals' physical and mental health so they can play a greater role in their community.
- Enable members to gain knowledge and learn practical environmental skills together with wider social skills.
- Enable local people to lead and run the Green Gym in a sustainable way.

To fulfil these objectives the group will:

- a) Be inclusive in its approach to people who wish to become members of the Green Gym.
- b) Appoint officers to run the organisation and be answerable to its members. Officers will be required to resign at the end of three years but may be re-elected at the AGM.
- c) Run a programme of practical voluntary work sessions, to be less than 4 hours in duration and to take place once a week throughout the year.
- d) Seek endorsement from local Health Services (for example, a local health centre, or local mental health service).
- e) Follow health and safety procedures, including the use of a 'Physical Activity Readiness Questionnaire' and Warm-up and Cool-down exercises at the beginning and end of each session; and carry out risk assessments for all practical projects.
- f) Promote confidence and encourage individuals to continue their involvement in Green Gym activities.
- g) From time to time undertake other activities which are of benefit to the group and help it to meet its aims.

- h) Raise money by working for landowners and from other sources, to enable the group to carry out its objectives.
- i) Ensure training is relevant and integral to the work of the group.
- j) Be affiliated to BTCV and work to the quality standards of BTCV.
- k) Recognise BTCV's ownership of the Green Gym trademark. The right to use this is afforded to groups achieving the Green Gym Quality Standards.
- l) Hold meetings, open to all members, as and when required. These will be fully publicised to the membership. One meeting a year will be designated an Annual Meeting at which a full report of activities and the finances for the previous year will be presented.
- m) Keep accounts and have them checked and approved by a qualified person, not connected with Horsham Green Gym, in time for them to be submitted at the Annual Meeting.
- n) Maintain insurance for volunteers on its projects as well as for injuries to third parties and damage to property.
- o) Pass its remaining assets to another voluntary group with similar aims, or to BTCV, should the group cease to exist.

This constitution shall only be altered by consent of a majority of the members at an Annual Meeting.

Approved and signed by officers/members of Horsham Green Gym

Signed

Printed

Date: _____

**PARAGRAPH b) WAS AMENDED AFTER THE AGM OF
 16TH JUNE 2009. THIS COPY OF THE CONSTITUTION
 OF HGG, REPLACES THE ORIGINAL SIGNED BY THREE
 MEMBERS ON 20TH MARCH 2007**